



A Powerful, Life Changing Workshop Based on the Philosophy of Louise Hay

In this transformational 10-week workshop based on the book "You Can Heal Your Life" by best selling author Louise L. Hay, you will discover and learn how to go beyond the mindset that has limited your success in business, financial abundance, intimate relationships, spiritual growth and much, much more.

We will do focused work on:

- ∞ How your thoughts and beliefs shape your life
- ∞ Negative patterns that affect your decisions
- ∞ Healing and freeing yourself from the past
- ∞ Creating choices from love and writing a new story for your life

Workshop Facilitators

REINA COTTEE is a designer and fully licensed Heal Your Life Teacher. She designs empowerment clothing for Women and believes in spreading Self Love and Positivity using uplifting messages. Her aim is to inspire and encourage people to be the best version of themselves. (www.instagram.com/reina.london/)

FARIYAL WALLEZ is a Heal Your Life workshop leader, life coach and artist. In 1998, after writing a book about Sarajevo in the aftermath of the Balkan War, she redirected her vocation towards supporting people in self-healing and experiencing a sense of 'being without doubt'. (www.Letyourbodytalk.uk.com)

7th April - 9th June 2018

Every Saturday, 2pm - 5pm

The Chase Lodge Hotel

10 Park Road, Hampton Wick, KT1 4AS

Cost: £400 (includes all materials)

Early Bird: £350 (book by 3 March 2018)

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